



## 1520 Market Fitness Center

1520 Market Building 1520 Market St., Room 268B, St. Louis, MO 63103

## **Hours of Operation**

Open Monday through Friday 6am-7pm

## **Become a Member**

Contact the City BeeFit Wellness Program at EmployeeWellness@stlouis-mo.gov or 314-622-4849 to sign-up for your *FREE* membership.

Fitness Center is open to City employees only.

## **Amenities:**

Treadmills

**Ellipticals** 

Rower

Seated stairsteppper

Bikes

Cable machine

Dumbbells

Resistance bands

Foam rollers

Stability balls

Adjustable benches

Stretching mats